



CHILD & FAMILY
GUIDANCE CENTER OF TEXOMA
— Where help, hope and healing begin —

Parent Empowerment Class

Updated 12 session-curriculum!

*Curriculum based on SAMHSA approved parenting class curriculums
Nurturing Parenting and Parenting Wisely, along with RealCare Babies®*

Studies show that these programs improve parenting attitudes, knowledge, beliefs, and skills, and strengthen family relationships and interactions. These programs reduce recidivism of child abuse and neglect, child behavior problems, and delinquency and substance abuse among adolescents.

Nurturing Parenting programs are used by the Departments of Army and Navy to enhance parenting skills on bases worldwide. *Parenting Wisely* curriculum was named exemplary by the office of Juvenile Justice Delinquency Prevention. Both programs are recognized by the National Registry for Evidence-based Parenting Programs (NREPP) for the prevention and treatment of child abuse and neglect.

Classes held every Wednesday

- when:** **Wednesdays, 5:00pm – 6:30pm**
- where:** **Child & Family Guidance Center**
804 E Pecan Grove Road, Sherman, TX
(directly behind Sam's Club)
- cost:** **\$12.00 PER CLASS**
Cash or money order only

*Must complete all 12 classes to receive a certificate

Class qualifies for double community service hours approved by probation officer.

Participants must be on time for class.
Doors open at 4:45pm, doors close promptly at 5:00pm.

If two (2) classes in a row are missed, participant will need to start over to earn a certificate.

For more information please call the Child & Family Guidance Center at 903.893.7768

Note: the Child & Family Guidance Center follows the Denison and Sherman school districts for inclement weather. If these school districts are closed due to bad weather or because of a federal holiday, classes will not be held.