

FREE

Diabetes Education Class

Grayson County Health Department
Potentially Preventable Hospitalizations Program (PPH)

stop it!..



prevention.

got it?..



testing.

control it!..



management.

More Knowledge about diabetes can:

- ✚ Help prevent and/or delay health complications
- ✚ Improve your A1C (quarterly blood sugar reading)
- ✚ Enhance diabetes self-management
- ✚ Promote communication between healthcare providers and patients

Partnership for a healthier Grayson County

Potentially Preventable Hospitalizations

Grayson County Health Dept.
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Contact us today for more information
and to register for one of our free
classes.

*Pre-registration is required