



CDC Marburg Updates

March 31, 2023

Top Line Updates

Traveler Contact Information Sharing

As part of its response to the outbreaks of Marburg virus disease (MVD) in Equatorial Guinea and Tanzania, CDC will obtain contact information from U.S. Customs and Border Protection for passengers boarding a flight to the U.S. who were in Equatorial Guinea or Tanzania within the previous 21 days. This information will be shared with U.S. state, local, and territorial health departments for situational awareness.

Traveler contact data will be provided to health departments starting the week of April 3, 2023. Currently, CDC does not recommend health departments conduct risk assessments for or monitor travelers within their jurisdictions for MVD. Health departments that choose to follow up with travelers may do so according to jurisdictional priorities and available resources.

Web Updates

This week, CDC updated its Marburg websites.

- On March 27, CDC posted an updated Travel Health Notice for Equatorial Guinea: [Marburg in Equatorial Guinea - Alert - Level 2, Practice Enhanced Precautions - Travel Health Notices | Travelers' Health | CDC](#)
- On March 28, CDC updated the 'After You Travel' guidance: [Ebola and Marburg: After You Travel | Quarantine | CDC](#)
- On March 31, CDC updated its [Interim Guidance on Risk Assessment and Management of Persons with Potential Ebolavirus or Marburgvirus Exposure](#)

Currently, CDC does not recommend health departments conduct risk assessments for or monitor travelers within their jurisdictions for MVD.

- On March 31, CDC posted guidance for healthcare professionals:
 - [Screening Patients | Marburg \(Marburg Virus Disease\) | CDC](#)
 - [Guide for Clinicians Evaluating an Ill Person for Marburg Virus Disease | Marburg \(Marburg Virus Disease\) | CDC](#)
 - [Guidance for Collection, Transport and Submission of Specimens for Marburgvirus Testing | Marburg \(Marburg Virus Disease\) | CDC](#)

Traveler Updates

Additional Posted Health Information for Travelers

- [Marburg in Tanzania - Watch - Level 1, Practice Usual Precautions - Travel Health Notices | Travelers' Health | CDC](#)

- [Ebola and Marburg | Disease Directory | Travelers' Health | CDC](#)

Text Illness Monitoring (TIM) Messages: 2023 Marburg Virus Outbreak

CDC is sending mobile phone health text messages to air passengers arriving in the US from either Equatorial Guinea or Tanzania to urge them to self-monitor for Marburg-related symptoms for 21 days after leaving these impacted countries and to reach out to their local health department if they should develop symptoms. The English version has been rolled out and Spanish and Swahili translations will be added once they are complete.

(Day 0) Upon enrollment

- US Public Health: Welcome! You are receiving messages because you recently arrived in the US from Equatorial Guinea or Tanzania where there is a Marburg disease outbreak.
 - For English, reply "English"
 - For Spanish, reply "Spanish"

As soon as possible after enrollment message

- Watch for Marburg disease symptoms until 21 days after you left Equatorial Guinea or Tanzania: fever, headache or body aches, rash, sore throat, stomach pain, diarrhea, vomiting, or unexplained bleeding or bruising.
 - If you get sick, separate yourself from others and call your local health department for advice. If you can't reach your health department, call a doctor. Tell them that you were recently in an area with a Marburg disease outbreak.

Day 1, 5, 9, 13, 17 (Reminder message)

- US Public Health: Remember to watch for Marburg disease symptoms until 21 days after you left Equatorial Guinea or Tanzania: fever, headache or body aches, rash, sore throat, stomach pain, diarrhea, vomiting or unexplained bleeding or bruising.
 - If you get sick, separate yourself from others and call your local health department for advice. If you can't reach your health department, call a doctor. Tell them that you were recently in an area with a Marburg disease outbreak.

Day 21

- US Public Health: Today is your last day of health monitoring for Marburg disease symptoms after you left Equatorial Guinea or Tanzania!

Visit [Ebola and Marburg: After You Travel](#) for more information.